

Contemporary Dance

Time Sheet

▪ Vocational graded examinations

The syllabus is suitable for both male and female candidates as it is designed to develop all-round strengths and abilities. Male and female candidates may be entered as a mixed set in any one exam session.

EXAM	3 ENTRIES	2 ENTRIES	1 ENTRY
INTERMEDIATE FOUNDATION	75 mins	60 mins	60 mins

▪ Age limit recommendations

INTERMEDIATE FOUNDATION	13 years
-------------------------	----------

▪ Dress requirements

Unitard, lycra shorts, dance tights with a tight -fitting leotard or t-shirt. Candidates should work in bare feet or foot thongs if required. Hair should be neat and securely held in place. Long hair should be tied back to allow a clear neck and head-line. Jewellery or body piercing should not be worn.