

Are you a professional dancer who is currently employed in a British dance company?

Would you be willing to share your thoughts on what dancers might need in terms of emotional or psychological support?

My name is Alison Stuart. I am a student at City University who is completing a doctoral research project looking at the issue of emotional and psychological support in dancers. I am looking for dancers who would be willing to share their thoughts and experiences in confidence. You do not need to have any experience of counselling or therapy. If you would be interested in participating in the research please contact me on 07980 297996 or by email (alison_c_stuart@hotmail.com).

**This research is supervised by Dr. D. Danchev
(Dee.Danchev.1@city.ac.uk)**

INFORMATION FOR DANCERS

Thank you for your interest in participating in this research. Please allow me to introduce myself, my name is Alison Stuart and I am a student at City University in London who is currently completing a doctorate in Counselling Psychology. I have a particular interest in dancers and psychological well-being. For my doctoral research project, I have chosen to look at the issue of dancers and psychological and emotional support. The aim of the research is to investigate what dancers feel they need in terms of emotional and psychological support. In addition, it will explore what you believe influences your ability to seek support and your perceptions of the role played by counselling or psychological therapy within the dance profession.

Through carrying out this research, I hope to raise awareness around the little studied issue of dancers and their emotional and psychological needs. I also hope that the research will provide an insight into the therapeutic experiences of dancers. This may in the future assist in the provision of appropriate tailored services. In addition, I hope that the research will be of value to those working with dancers and may enable a deeper understanding of dancers' needs.

For the research I would like to recruit some dancers who would be willing to be interviewed. I would like to interview dancers who are currently employed by a British dance company. You do not need to have had any previous experience of therapy. The interview will be conducted by myself, will last approximately one hour and will take place in a confidential setting that is convenient for you. During the interview, you will be invited to share your thoughts regarding what support you feel is needed and your perceptions of psychological therapy.

I would like to record the interviews for transcription and analysis later, and you will therefore be asked to provide written consent. The interviews are conducted in confidence and all the data used in the research will be made anonymous. You would also have the right to withdraw participation at any time should you so wish.

The research will be conducted according to the Code of Conduct and Ethical Principles of the British Psychological Society under the supervision of Dr. D. Danchev (Dee.Danchev.1@city.ac.uk). I will be happy to answer any further questions that you might have.

If you feel that you would like to take part in the research or feel you would like more information please contact me on 07980 297996 or by email alison_c_stuart@hotmail.com