## Jazz Amalgamation

Music – Goldie, Timeless, Track 2, Saint Angel

Commence centre back, facing downstage in turned-out first, L hand folded behind waist with hand splayed, R hand bent from elbow behind head hand splayed.

## Intro:

Wait for 4 bars

- 1-6 Wait
- 7(8) Turn head to L
- 1-8 Tilt to L maintaining position and eyelevel.
- 1(2) Demi plie, slide R hand over head and onto front of R shoulder splayed hand
- 3 (4) Full plie, shooting R arm to side opposition
- 5 Bring leg line into parallel, drop upper body forward, drop R arm down
- 6(7) Swing R arm back curved and reverse body line into knee drop position, head to R hand
- &8 Passing ball-change forward, R,L, into jazz 4<sup>th</sup>, swing R arm down and forward to parallel medium, L hand swings up to L ear, elbow forward (as in BE ghetto blaster Bronze Jazz)
- Rise on L, R leg lifted to R side with flexed foot natural turnout, L hand stays by ear, R arm pushes down low to front with flexed wrist body has a feeling of contraction
- 2 Step R across L towards LDF keeping arm line as above
- 3,4 Step to LDF on L in deep fondu, R leg just off of the floor in long extension to R, arms make co-ordinated circle over head palms front from R to L, eye line to LDF,
- 5,6 Swivel turn to R pushing parallel arms round to R finish facing front
- 7 Jab L elbow to L, popping knees to L
- &8 Ball change RL into wide 2<sup>nd</sup> on demi pointe, R arm open to low curved side opposition
- 1(2) Join R to L, lift R elbow, back of R hand on the side of the face, head turns to the left
- 3(4) Turning to face RDF, tip onto heels throwing R arm up and forward to RDF contract in body with feeling of falling backwards
- 5,6 Run backwards to LDB, lowering arm, keeping head up
- 7,8 Drag run sideways to R on R body facing front, step across L, arms swing in opposition with hands facing inwards to body, bounce through chest
- 1,2 Step turn to R at low level, no arms to RDB
- 3,4 Continue turning to RDB with back drag turn onto R into coupe onto L, inward horizontal circle over head with L, finishing with L opening down towards L foot
- 5,6 Step and swivel turn to R, finishing feet together and facing front on straight legs, arms sweep round in parallel medium with palms of the hands together
- 7,8 Continue arm movement to R allowing L hand to slide up R arm to R shoulder
- 1,2 Step R to LDF, attitude front kick with L, R arms scoops under L knee, L arm in curved 2<sup>nd</sup>, lean to R eyes to the front
- 3,4 2 runs to LDF, L,R
- & &6 Hop and land with L in attitude (leg and arm line as above)

- &7 Continuing to travel to L side body now facing the front ball change R,L into full plie in 2<sup>nd</sup>, arms push to side opposition, wrists flexed
- &8 Continue travelling sideways Ball change R,L into parallel plie throwing arms forward and down relaxed body curves over from hips
- 1,2 Travelling to RDF, step R and coupe turn, on 2 L leg extends and L arm extends out at shoulder level to begin a sweeping horizontal circle as the body turns
- 3,4,5(6) Low open turn, R,L,R, to RDF continue sweeping arm round, finishing in jazz 4<sup>th</sup> facing RDF, fold L arm over head on last step
- 7,8 Pop both knees and flip L arm out at should level, wrist flexed, head up (pedal bin) and recover
- 1,2 (3) Pick up L into parallel retire on bent R leg, and replace. Swing arms to high V facing front and replace
- 4,5,(6,7) Pick up L into parallel retire bringing arms to high V( as above), step L forward into jazz 4<sup>th</sup> pulling arms down and slightly back with wrists flexed
- &8 Passing ball change forwards, R,L to jazz 4<sup>th</sup>, swing arms forwards to parallel medium wrists flexed,
- 1,2 Kick R forward with bent knee and flexed foot , bent supporting leg, swing arms back, and replace leg and arms to original position
- 3,4 Turning by R to finish facing L side double attitude jump, R leg in front, arms tilted side opposition, landing on R into...
- 5 Circle L leg inwards continuing to turn to R
- 6 Step on L to RDF, upper body relaxed forward
- 7&8 3 runs backwards, R,L,R to LDB finishing in jazz 4<sup>th</sup>, on 8 shoot arms forwards L hand on top of R, palms up (hips facing RDF but shoulders and arms to front)
- 1,2 Pivot by R to face LDB lifting R leg in attitude with side contraction on rise, arms high V
- 3,4 Step onto R and, turning by R, close L to R facing front feet together, bring R hand round back of head
- 5,6 Jump in frontal contraction, bringing R hand over head and out to low curved side opposition, land leaning slightly forward
- 7,8,1,2 Lift R foot flexed and step back on R, repeat with L, as each foot lifts flexed R hand pushes down, on each step back R arm returns to shoulder level curved keep body line forward
- &3(4) Lift R in retire and pass through behind L, clap hands behind back on &, on 3 extend L arm curved to side, eye line to L arm, body leaning forward
- 5,6 Pose R to RDF and high to low inward pirouette, pushing hands down in parallel over L thigh,
- 7,8,1,2 Step L forward to RDF and rond de jambe R leg round on straight supporting leg into arabesque en fondu, tilting shoulders to R, (a dos) arms beside thighs
- Front drag turn onto R turning to face LDF and passing L to back, L elbow lifts
- 4 Place L behind R in 5<sup>th</sup>, throw L arm down to L side of body, eye line follows arm
- 5,6 (7) Accented hop, R in turned out retire, land in deep lunge with R at back, R hand on floor, L high above shoulder, palm to front eye line up to L arm
- &8 Bend L arm in, out, folding from elbow, head up to arm
- Feed L arm through under R, head turns to R