



## Cecchetti International Classical Ballet ISTD Selection Event 2024 - Teachers Pack

Sunday 11 February 2024 - Elmhurst Ballet School, 249 Bristol Road, Edgbaston, Birmingham B5 7UH

Music for the classical solo must be uploaded by 29 January 2024 via the Dropbox link here-

<https://www.dropbox.com/request/MTDxJvSsb8COnh0lca19>

*A compulsory warm-up for dancers will be given backstage by assigned ISTD teachers.*

### Junior

Classical class work to be shown on the day - taken from the **Intermediate** Cecchetti Syllabus

1. 1st set of port de bras
2. Adage enchaînement
3. Demi-contretemps, assemblé élané, two soubresauts etc
4. There will be some **unset class work**, set at **Intermediate** level, on the day. *Pointe work will not be seen.*

Contemporary class work

Unset class work. Nothing to prepare in advance.

Classical Solo

Teacher's choice of any classical solo. Music must be uploaded via the [Dropbox link](#) by 29 January.

Dancers may use a solo from the approved list of repertoire for the [CICB competition](#), however this is **NOT compulsory**. Dancers may wear pointe shoes for their solo.

### Senior

Class work to be shown on the day - taken from the **Advanced 1** Cecchetti Syllabus

1. 1st set of port de bras
2. Option 1 (formerly female): Pas de Chaconne  
Glissade, assemblé, temps levé in arabesque etc

**OR**

2. Option 2 (formerly male): Coupé et fouetté  
Assemblé, temps levé, assemblé, grand temps levé
3. There will be some **unset class work**, set at **Advanced 1** level, on the day. *Pointe work will not be seen.*

Contemporary class work

Unset class work. Nothing to prepare in advance.

Classical Solo

Teacher's choice of any classical solo. Music must be uploaded via the [Dropbox link](#) by 29 January.

Dancers are welcome to use a solo from the approved list of repertoire on the [CICB website](#), however this is **NOT compulsory**. Dancers may wear pointe shoes for their solo.