



Cecchetti International Classical Ballet ISTD Selection Event 2024 – ONLINE **Teachers Pack**

Please note online entries are open to **International entries only**, or with special permission from the CICB UK delegates and the ISTD. Please contact cecchetti@istd.org.

Teachers are asked to read this pack fully. **All video submissions** include a **dancer introduction**, specified **set class work**, teacher's choice of a **classical solo** and teacher's choice of a **contemporary solo**.

All video submissions must be received, via the [Dropbox link](#), by 23:59 GMT on 4 February 2024.

It is recommended that a full warm-up is given for dancers before filming any work and safe dance practice is followed at all times.

Junior Category

1. Introduction

- The dancer should be introduced to the camera, with their name and entry category written clearly on an A4 sheet and held by the dancer in clear sight at the start of the video. This is similar to the Remote Exams Guidance.

2. Class work to be shown by dancer - taken from the Intermediate Cecchetti Syllabus

- 1st set of port de bras
- Adage enchaînement
- Demi-contretemps, assemblé élané, two soubresauts etc

3. Classical Solo

- Teacher's choice of one classical solo, not to exceed 2 minutes.
- You are welcome to use a solo from the approved list of repertoire on the [CICB website](#), however this is NOT compulsory.

4. Contemporary Solo

- The contemporary solo must not exceed 2 minutes.

Senior Category

1. Introduction

- The dancer should be introduced to the camera, with their name and entry category written clearly on an A4 sheet and held by the dancer in clear sight at the start of the video. This is similar to the Remote Exams Guidance.



Imperial Society of Teachers of Dancing Cecchetti Classical Ballet

2. Class work to be shown by the dancer - taken from the Advanced 1 Cecchetti Syllabus

- 1st set of port de bras
- Option 1 (formerly female): Pas de Chaconne
Glissade, assemblé, temps levé in arabesque etc

OR

- Option 2 (formerly male): Coupé et fouetté
Assemblé, temps levé, assemblé, grand temps levé

3. Classical Solo

- Teacher's choice of one classical solo, not to exceed 2 minutes.
- You are welcome to use a solo from the approved list of repertoire on the [CICB website](#), however this is NOT compulsory.

4. Contemporary Solo

- The contemporary solo must not exceed 2 minutes.

Video guidance for all categories

- All work should be filmed **individually** and separate video submissions entered for each dancer.
- Video submissions should be clearly labelled as follows:
Country - School name - Teacher Name – Dancer Name – Entry Category
- The **competitor name and entry category must be written clearly on an A4 sheet** and held by the competitor/s in clear sight at the start of the video.
- Competitor/s body and feet must be clearly visible on the recording throughout.
- Teachers may direct the dancer during the introduction and classwork, but should not be featured in the video.
- It is of paramount importance that the video is of good visual quality and that the music can be heard. Videos of poor quality may affect the result of entries.
- A plain light-coloured background is ideal, if possible.
- Videos should be recorded using **one camera angle** only.
- Videos should be submitted in **MP4 or MOV format**.
- Videos should be **recorded in LANDSCAPE orientation**.
- Videos must be submitted by **ISTD teachers ONLY**.

Once video submissions have been prepared, please upload them via this Dropbox link, by **23:59 GMT on 4 February 2024**, labelled as above:

<https://www.dropbox.com/request/Ah2XziKk3sVZwYc3u38R>

If you have any queries regarding the work, format or technical issues, please contact cecchetti@istd.org.