

COURSE SYLLABUS

Level 3 Award in Emergency First Aid at Work - 1 Day

Session	Content	Duration
1	Introduction and registration	10 min
2	Priorities of first aid Role of the first aider Dealing with an emergency	30 min
3	Managing the unresponsive casualty incl. Primary Survey (DRABC), Secondary Survey and recovery position	40 min
4	Resuscitation Use of the AED Practical resuscitation and use of AED by learners	65 min
	<i>Break</i>	<i>15 min</i>
5	Choking Shock Practical application	20 min
6	Sepsis Stroke	20 min
7	Heart attack	20 min
	<i>Lunch</i>	<i>30 min</i>
8	Wounds and bleeding <ul style="list-style-type: none"> - Cuts, grazes and bruises - Nosebleeds - Splinters Practical use of dressings and slings	60min
	<i>Break</i>	<i>15 min</i>
9	Seizures	15 min
10	Burns and scalds	20 min
11	Possible scenario discussion	30 min
12	Assessment and close	30 min
	CLOSE	