



REVISIONS FEBRUARY 2023

Teachers are encouraged to teach all the vocabulary in the syllabus.

PRIMARY

The following exercises will no longer be seen in the examination:

Step, close, step and hop
Running around the room
Springs from foot to foot
Two galops to the side, step and hop

GRADE 2

Ronds de jambe à terre – set exercise – 2 x en dehors and 2 x en dedans (each taking 4 counts)

GRADE 3

Battements frappés – set exercise – 16 in a series sideways to the barre
Ronds de jambe à terre – set exercise – 4 x en dehors and 4 x en dedans (each taking 2 counts)

GRADE 4

Echappés relevés en croix sideways to the barre no longer seen as a separate exercise in exams – can be combined with relevés 1-1 facing the barre.
Additional Vocabulary added (as steps come in allegro no 4 – previously the boys enchainment)
Failli, Posés temps levés in arabesque or pirouette position derrière

GRADE 5

Details of new set exercises below.

Barre

Battements tendus and battements glissés - set exercise
Battements frappés and battements frappés fouettés - set exercise
Grands battements - set exercise

Centre Practice - one to be seen in exams- examiner's choice

Pliés - set exercise

Battements tendus and grands battements - set exercise

Adage

Temps lié – set exercise – seen en avant and en arrière

Allegro

Full contretemps – set exercise

GRADE 6

Details of new set exercises below.

Barre

Battements tendus and battements glissés – set exercise

Demi-grands ronds de jambe at the barre – set exercise

Grands battements – set exercise

Centre Practice - one to be seen in exams - examiner's choice

Battements fondus and ronds de jambe à terre - set exercise

Battements tendus and battements frappés - set exercise

Allegro

Waltz turns – set exercise

Pointe Work

Rises – set exercise

Relevés – set exercise

Courus – set exercise

Cool down no longer seen in examinations



The following additional set exercises will be included in examinations for Grade 5 and will replace the free exercises that examiners used to give.

DDE Candidates will need to know the new set exercises in Grade 5 but not Grade 6.

GRADE 5

BARRE	
Battements tendus and battements glissés	SET EXERCISE
Music CD - No. 5 – Tendus Piano manuscript – No. 3	Commence 5 th position, arm bras bas Prepare arm à la seconde 1-4 2 battements tendus devant 5-8 2 battements tendus derrière with the inside leg &1-6 6 battements glissés to 2 nd , closing into 1 st position &7 1 battement glissé to 2 nd , closing 5 th position derrière 8 Hold 1-16 Repeat in reverse commencing with 2 battements tendus derrière
Battements frappés and battements frappés fouettés	SET EXERCISE
Music CD - No. 8 – Battements frappés and battements frappés fouettés Piano manuscript – No. 11	Commence 5 th position, arm bras bas Prepare dégagé to 2 nd and place foot in frappé position devant, arm en avant to à la seconde 1-6 6 battements frappés to 2 nd with the accent out 7-8 Raise leg en l’air 1-6 6 battements frappés fouettés, starting derrière 7-8 Balance with leg in pirouette position devant, arms en avant
Grands battements	SET EXERCISE
Music CD - No. 11 – Grands battements Piano manuscript - No.10	Commence 5 th position, arm bras bas Prepare arm à la seconde 1-4 2 grands battements devant 5-8 2 grands battements derrière with the inside leg 1-6 3 grands battements to 2 nd with alternate closings 7-8 Hold 1-16 Repeat in reverse commencing with 2 grands battements derrière
CENTRE PRACTICE	
Pliés	SET EXERCISE
Music CD - No. 12 – Pliés 4/4 Piano manuscript – No. 11 Danced together	Commence 1 st position, en face, arms bras bas 1-4 2 demi-pliés in 1 st position (arms open to demi-seconde and return to bras bas on each demi-plié – optional) 5-6 Rise and lower, arms to en avant 7-8 Dégagé right foot to 2 nd and lower heel to 2 nd position, arms à la seconde 1-4 Full plié in 2 nd , simple port de bras 5-6 Rise and lower



	7-8 Dégagé right foot and close to 1 st position, arms bras bas 1-16 Repeat all, using left leg on dégagé à la seconde
Battements tendus and grands battements Music CD - No. 15 – Grands battements Piano manuscript – No. 13 Danced together	SET EXERCISE Commence croisé, 5 th position, right foot devant, arms bras bas Prepare arms to attitude, back arm (left arm) high 1-2 1 battement tendu devant 3-4 1 grand battement devant 5-6 1 battement tendu derrière, arms change to 2 nd arabesque 7-8 1 grand battement derrière 1-2 1 battement tendu with front foot to 2 nd facing en face, close derrière en face, arms à la seconde 3-4 Repeat above with front foot closing derrière 5-6 Repeat above with front foot closing derrière en croisé, arms to bras bas 7-8 Prepare arms to attitude 1-16 Repeat all on the other side
ALLEGRO	
Full contretemps Music CD – No. 49 Jazz Waltz and 50 Grand Waltz Piano manuscript – No. 30 or 32 or a free grand waltz, teacher’s choice	SET EXERCISE 4 full contretemps in 1 st arabesque danced in a series 1x1 continuously from centre back.



The following additional set exercises will be included in examinations for Grade 6 and will replace the free exercises that examiners used to give.

GRADE 6

BARRE	
<p>Battements tendus and battements glissés</p> <p>Music CD - No. 4 – Tendu 2/2</p> <p>Piano manuscript – No. 42</p>	<p>SET EXERCISE</p> <p>Commence 5th position, arm bras bas Prepare arm à la seconde</p> <p>1-4 2 battements tendus devant 5-8 2 battements tendus to 2nd closing derrière then devant 1-6 6 battements glissés en cloche, starting with battement glissé devant on '1' 7 Close 5th position derrière 8 Hold 1-16 Repeat in reverse commencing with 2 battements tendus derrière</p>
<p>Demi-grands ronds de jambe</p> <p>Music CD - No. 10 – Demi grands ronds de jambe</p> <p>Piano manuscript – No. 49</p>	<p>SET EXERCISE</p> <p>Demi-grand rond de jambe en dehors:</p> <p>1 Retiré, arm en avant 2 Developpé devant 3 Carry leg to 2nd, arm opens à la seconde 4 Close to 5th derrière, arm bras bas</p> <p>Demi-grand rond de jambe en dedans:</p> <p>5 Retiré, arm en avant 6 Developpé derrière 7 Carry leg to 2nd, arm opens à la seconde 8 Close to 5th devant, arm bras bas</p> <p>9-16 Repeat all as above</p>
<p>Grands battements</p> <p>Music CD No. 11 – Grands battements</p> <p>Piano manuscript – No. 50</p>	<p>SET EXERCISE</p> <p>Commence 5th position, arm bras bas Prepare arm à la seconde</p> <p>1-4 2 grands battements devant 5-8 2 grands battements derrière with the inside leg 1-4 2 grands battements to 2nd closing derrière then devant 5-6 Retiré passé en arrière 7-8 Demi-plié and stretch 1-16 Repeat in reverse commencing with 2 grands battements derrière</p>



CENTRE PRACTICE	One of these options will be seen in the exam – Examiner’s choice
<p>Battements fondus and ronds de jambe à terre</p> <p>Music CD - No. 16 - Centre Practice – 3/4</p> <p>Piano manuscript – No. 53</p>	<p>SET EXERCISE</p> <p>Commence en face, 5th position, right foot devant, arms bras bas Prepare dégagé front foot to 2nd, arms à la seconde</p> <p>1-2 Battement fondu à terre devant, arms to bras bas and en avant 3-4 Battement fondu à terre to 2nd, arms à la seconde 5-6 Ronds de jambe à terre en dehors in 2 counts 7-8 Transfer the weight through plié in 2nd to dégagé in 2nd, retain arms 1-8 Repeat on the other side</p> <p>To also be taken with battement fondu derrière and ronds de jambe à terre en dedans</p> <p>Examiner’s choice of ronds de jambe en dehors or ronds de jambe en dedans version.</p>
<p>Battements tendus and battements frappés</p> <p>Music CD - No. 19 – Centre Practice – Train Blues</p> <p>Piano manuscript – No. 56</p>	<p>SET EXERCISE</p> <p>Commence croisé, 5th position, right foot devant, arms bras bas Prepare arms to bras croisé, back arm (left arm) forwards</p> <p>1-2 1 battement tendu devant 3-4 1 battement tendu to 2nd with front foot, closing derrière, arms à la seconde 5-6 1 battement tendu derrière, arms bras croisé, front arm (right arm) forward 7-8 Dégagé same foot to 2nd and place in frappé position devant, arms à la seconde 1-4 4 battements frappés to 2nd in 1 count 5 Lower to dégagé à terre in 2nd with fondu on supporting leg &a6 Pas de bourrée over (passing through en face) to face croisé with left foot devant in 5th position, arms bras bas 7-8 Prepare arms to bras croisé 1-16 Repeat on the other side</p>
ALLEGRO	
<p>To be added at the end of the Allegro section:</p> <p>Waltz turns</p> <p>Music CD - No. 69 – Cool down - Rag Waltz</p> <p>Piano manuscript – No. 90</p>	<p>SET EXERCISE</p> <p>Danced 1x1 continuously en diagonale, both sides 6 waltz steps (3 complete turns) and a balletic run around to the other corner</p>



POINTE WORK - FACING BARRE	
Rises Music CD - No. 63 – Lyrical pointe Piano manuscript- No. 86	SET EXERCISE Commence 1st position, bras bas Prepare hands on to barre 1-4 Rise and lower 5-8 Rise and lower 1-2 Rise and lower 3-4 Rise and lower 5-6 Rise and lower 7-8 Demi-plié and stretch 1-16 Repeat as above
Relevés Music CD - No. 65 – Jig Piano manuscript – No. 87	SET EXERCISE Commence 5 th position, right foot devant, arms bras bas Prepare hands on to barre 1-4 2 relevés in 5 th 5-6 Echappé relevé to 4 th , close 5 th 7-8 Echappé relevé to 2 nd and close, changing feet 1-8 Repeat on other side
Courus Music CD - No. 67 – Lyrical 6/8 Piano manuscript – No. 88	SET EXERCISE Commence standing on right foot, left foot cou de pied derrière, arms bras bas Prepare hands on to barre 1-3 Courus sur place 4 Coupé over with left foot on to fondu with right foot cou de pied derrière 5-8 Repeat above with other foot 1-8 Repeat all as above
Cool down	This will no longer be included in the examination