



Imperial Society of
Teachers of Dancing

Teachers' Spring Programme 2023

03–14 April 2023



**BOOK
NOW**

Join us for our annual Spring Programme, taking place in studio and online!

This two-week programme is open to all, and ideal for both experienced teachers and those still in training.

During Spring Programme, we have a wide range of courses available – helping you to update your teaching practice, learn from others and be inspired for the start of the new summer term.

CPD has a direct impact on the success of your business, keeping it current and vibrant and assisting your learners to stay creative, motivated and inspired. So with courses across the genres, browse the event and book your place today.



Important information

Member discounts

All member discounts for online course must be applied via a unique discount code – with details listed on the booking page. Therefore, please ensure that you enter this before selecting your tickets on Eventbrite. If you have not entered your discount code, please restart your booking and apply the relevant discount, in order to receive member pricing.

Location

Courses are taking place online and in-studio (at Sadler's Wells and ISTD HQ). Therefore, please make sure that you take note of the location of each course. Face-to-face in-studio courses will not be available via online streaming, so please do not book these sessions unless you are able to attend in person.

Waiting list

If a course you wish to attend has sold out, please contact us via email to be added onto the waiting list at:

coursebookings@istd.org

Terms and conditions

Please refer to our website for the full terms and conditions of your booking, including details about refunds.

Further questions

If you have any further questions, please contact coursebookings@istd.org and a member of the CPD team will get back to you.

Date	Time*	Location	Genre	Course Title	CPD Hours
3-Apr	10:00 – 17:00	Sadler's Wells	Imperial Ballet	Intermediate option A and B set work	6
3-Apr	10:00 – 17:00	Sadler's Wells	Modern Theatre	New grade 4 and grade 5 floor sequences with development of falls and floor limbering	6
4-Apr	10:00 – 17:00	Sadler's Wells	Cecchetti Ballet	Focus on the build ups / break downs and common faults (grades 1–5)	6
4-Apr	10:00 – 17:00	Sadler's Wells	Modern Theatre	Intermediate Modern – option A and B press-ups and floor sequence only to free playlist with analysis of dance vocabulary, free work and ALL amalgamations	6
4-Apr	10:00 – 17:00	ISTD HQ	Non-Syllabus	Emergency first aid for sports / dance	6
5-Apr	10:00 – 17:00	Sadler's Wells	Cecchetti Ballet	Teaching methods as required for the Intermediate syllabus and appropriate dance rhythms to enhance dynamics	6
5-Apr	10:00 – 17:00	Sadler's Wells	Contemporary	Intermediate – part 1	6
5-Apr	10:00 – 17:00	ISTD HQ	Tap Dance	Bronze, silver and gold tap awards – to the new optional playlists	6

* Please note that all course dates and times are stated in Greenwich mean time. Courses will include time for breaks; however, the exact timing of this break may vary from course to course.

Date	Time*	Location	Genre	Course Title	CPD Hours
6-Apr	10:00 – 17:00	Sadler's Wells	Imperial Ballet	The training of ballet technique	6
6-Apr	10:00 – 17:00	Sadler's Wells	Contemporary	Intermediate – part 2	6
6-Apr	10:00 – 17:00	ISTD HQ	Tap Dance	Intermediate – parts 3 and 4	6
11-Apr	09:00 – 12:15	Online	Imperial Ballet	Pre-pointe and beginners pointe work	3
11-Apr	12:15 – 15:30	Online	Modern Theatre	Grade 4 musical theatre progressions and amalgamations	3
11-Apr	13:15 – 16:30	Online	Tap Dance	The teaching and improving of tap technique	3
11-Apr	16:00 – 19:15	Online	Modern Theatre	Revision of Grade 5 floor limbering and Grade 6 floor sequence with analysis of connections to the new Grade 4 and Grade 5 floor sequences	3
12-Apr	09:00 – 12:15	Online	Imperial Ballet	Focus on the introduction of gender-neutral optionality to grade exams	3
12-Apr	12:15 – 15:30	Online	Cecchetti Ballet	Licentiate study – guidance on the development of technique and artistry through use of the Cecchetti principles	3
12-Apr	13:15 – 16:30	Online	Imperial Ballet	Licentiate essential learning	3
12-Apr	16:00 – 19:15	Online	Tap Dance	Advanced 1 technical exercises and rhythm to new optional playlist	3
13-Apr	09:00 – 12:15	Online	Modern Theatre	Grade 6 musical theatre progressions and amalgamations	3
13-Apr	12:15 – 15:30	Online	Contemporary	Intermediate Foundation refresher	3
13-Apr	13:15 – 16:30	Online	Modern Theatre	Grade 5 musical theatre progressions and amalgamations	3
13-Apr	16:00 – 19:15	Online	Imperial Ballet	Focus on primary and grade 1 with dances	3
14-Apr	09:00 – 16:30	Online	Tap Dance	Grade 6 full syllabus – to new optional playlist	6
14-Apr	12:15 – 15:30	Online	Cecchetti Ballet	Fellowship study – understanding how the 'days of the week' develop quality and dynamics in the Cecchetti method of training	3
14-Apr	16:00 – 18:00	Online	Contemporary	Floorwork focus	2
14-Apr	18:15 – 19:15	Online	Contemporary	Structured improvisation – top tips and tools	1

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