



# President's Cup Day

Additional Guidance

## Solo Dancer Set Dances for Juvenile



### Juvenile Solo Dancer – Set Dances: Ballroom

**Under 8 – Waltz:** The set routine below is the only choreography permitted in this competition. When approaching a corner, the figures may be curved to the new LOD.

Leader	Follower	Timing
LF Fwd Closed Change Step	RF Back Closed Change Step	123
RF Fwd Closed Change Step	LF Back Closed Change Step	123
LF Back Closed Change Step	RF Fwd Closed Change Step	123
RF Fwd Closed Change Step	LF Back Closed Change Step	123
LF Fwd Closed Change Step	RF Back Closed Change Step	123
RF Back Closed Change Step	LF Fwd Closed Change Step	123
Repeat		

**Under 12 – Tango:** The figures listed below are the only figures permitted to be used. Teachers may use these figures to create a suitable solo routine for their pupils.

Walks
Rock Turn
Progressive Link
Closed Promenade
Open Rever Turn, Partner Outside

### Juvenile Solo Dancer – Set Dances: Latin American

**Under 8 – Cha Cha Cha:** The set routine below is the only permitted choreography in this competition.

Figure	Timing
2x Closed Basic Movement with no turn (Alternative Basic may be used)	234&1 234&1 234&1 234&1
New York to LSP	234&1
New York to RSP	234&1
New York to LSP	234&1
New York to RSP	234&1

**Under 12 – Samba:** The figures listed below are the only figures permitted to be used. Teachers may use these figures to create a suitable solo routine for their pupils.

Whisks (to R & L)
Samba Walks in PP (LF & RF)
Side Samba Walk
Criss Cross Bota Fogos
Criss Cross Voltas