

SYLLABUS OUTLINE OF ISTD MODULAR PROFESSIONAL EXAMINATIONS

SEQUENCE FACULTY

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Associate Syllabus Content

Five modules. Module 1 should be passed first.

Candidates for this examination must firstly register for it on a separate form - Professional Dancesport Modular Qualifications Candidate Registration Form. This can be downloaded from http://www.istd.org/examinations/uk-examinations/examination-documents/ and must be returned to the UK Examinations department at least 4 weeks before examination entry, which must also be made in the normal way.

Candidates must be 17 years of age or over

Module 1 - Classical Waltz

Duration of examination - 40 minutes

Practical Demonstration

Candidates are required to:

- 1. Dance with a partner to music the **Classical Waltz**. They may demonstrate in the role of their choice i.e Leader' or 'Follower' or demonstrate both roles if desired.
- 2. Give a solo demonstration of the **Classical Waltz** to music, as Leader and/or Follower.
- 3. Start an imaginary class to music (the dance or dances are of the examiner's choice).

Theory (Oral Examination)

Candidates are required to describe and give solo demonstrations of the **Classical Waltz**, as Leader and Follower, under the headings set out in the Analysis Charts and in all rhythms.

- Positions of Feet, Alignment and/or Direction, Amount of Turn, Footwork and Rise & Fall
- Hold relevant to the Waltz
- Forward & Backward Walks Waltz
- Counting in Rhythm, Beats and Beats & Bars in 3/4, 6/8, 2/4, 4/4 time
- Balance, Poise and deportment
- The five foot positions
- CBM
- CBMP
- Time and Tempo
- Assemblé
- Pas de Valse
- Line of Dance
- Plié
- Acknowledgements

Module 2 – Fylde Waltz

Duration of examination - 30 minutes

Practical Demonstration

Candidates are required to:

- 1. Dance with a partner to music the **Fylde Waltz**. They may demonstrate in the role of their choice i.e. 'Leader' or 'Follower' or demonstrate both roles if desired.
- 2. Give a solo demonstration of the **Fylde Waltz** to music, as Leader and/or Follower.
- 3. Start an imaginary class to music (the dance or dances are of the examiner's choice).

Theory (Oral Examination)

Candidates are required to describe and give solo demonstrations of the **Fylde Waltz and Veleta**, as Leader and Follower, under the headings set out in the Analysis Charts.

Candidates are required to give the Figuration and Footwork of two dances of their own choice, selected from the list below. The dances must use different rhythms.

- Lilac Waltz
- Waltz Camay
- Midnight Tango
- Wedgewood Blue Gavotte
- Gainsborough Glide
- Latchford Schottische
- Waverley Two Step
- Liberty Two Step

- Counting in Rhythm, Beats and Beats & Bars in 3/4 time
- Pas Glissade
- Pas Glissé
- Allemande
- Balancé
- Cross Action
- Aerial
- Pas de Gavotte
- Developpé
- Pas Marché
- Fondu
- Tours de Main

Module 3 – Royal Empress Tango

Duration of examination - 30 minutes

Practical Demonstration

Candidates are required to:

- 1. Dance with a partner to music the **Royal Empress Tango**. They may demonstrate in the role of their choice i.e. 'Leader' or 'Follower' or demonstrate both roles if desired.
- 2. Give a solo demonstration of the **Royal Empress Tango** to music, as Leader and/or Follower.
- 3. Start an imaginary class to music (the dance or dances are of the examiner's choice).

Theory (Oral Examination)

Candidates are required to describe and give solo demonstrations of the **Royal Empress Tango**, as Leader and Follower, under the headings set out in the Analysis Charts.

- Hold relevant to the Tango
- Forward & Backward Walks Tango
- Counting in Rhythm, Beats and Beats & Bars in 2/4 time
- Promenade and Open Promenade Positions
- Counter and Open Counter Promenade Positions
- Swivels
- Lunge
- Point
- Chassé
- Brush
- Parallel Position

Module 4 – Britannia Saunter

Duration of examination - 30 minutes

Practical Demonstration

Candidates are required to:

- 1. Dance with a partner to music the **Britannia Saunter**. They may demonstrate in the role of their choice i.e. 'Leader' or 'Follower' or demonstrate both roles if desired.
- 2. Give a solo demonstration of the **Britannia Saunter** to music, as Leader and/or Follower.
- 3. Start an imaginary class to music (the dance or dances are of the examiner's choice).

Theory (Oral Examination)

Candidates are required to describe and give solo demonstrations of the **Britannia Saunter**, as Leader and Follower, under the headings set out in the Analysis Charts.

- Hold relevant to the Saunter
- Forward & Backward Walks Saunter
- Counting in Rhythm, Beats and Beats & Bars in 4/4 time
- Pivot and Pivoting Action
- Check
- Open Turn

Module 5 – Boston Two Step

Duration of examination - 30 minutes

Practical Demonstration

Candidates are required to:

- 1. Dance with a partner to music the **Boston Two Step**. They may demonstrate in the role of their choice i.e. 'Leader' or 'Follower' or demonstrate both roles if desired.
- 2. Give a solo demonstration of the **Boston Two Step** to music, as Leader and/or Follower.
- 3. Start an imaginary class to music (the dance or dances are of the examiner's choice).

Theory (Oral Examination)

Candidates are required to describe and give solo demonstrations of the **Boston Two Step**, as Leader and Follower, under the headings set out in the Analysis Charts.

In addition, candidates must be prepared to explain and demonstrate the following technical terms:

- Hold relevant to the Two Step
- Forward & Backward Walks Two Step
- Counting in Rhythm, Beats and Beats & Bars in 6/8 time
- Pas de Basque in front (in 6/8 time)
- Jeté
- Coupé
- Rondé
- Demi
- Pas Allé
- Gallopade
- Levé

Note: Teaching ability is assessed on the basis of presentation, teaching methods and voice projection

Licentiate Syllabus Content

Five modules. Module one should be passed first

Candidates for this examination must firstly register for it on a separate form - Professional Dancesport Modular Qualifications Candidate Registration Form. This can be downloaded from http://www.istd.org/examinations/uk-examinations/examination-documents/ and must be returned to the UK Examinations department at least 4 weeks before examination entry, which must also be made in the normal way.

Candidates must be 21 years of age or over, with a minimum of two years teaching experience.

The standard required is higher than for the Associate Examination in both demonstration and theory. At all levels, teaching ability is assessed on the basis of presentation, knowledge of faults, their causes and correction, teaching methods, voice projection and clarity of explanation.

Module 1 – Waltz

Duration of examination - 45 minutes

Practical Demonstration

Candidates are required to:

- 1. Dance with a partner to music the **Classical Waltz and Regis Waltz**. They may demonstrate in the role of their choice i.e. 'Leader' or 'Follower' or demonstrate both roles if desired.
- 2. Give a solo demonstration of the **Classical Waltz and Regis Waltz** to music, as Leader and/or Follower.
- 3. Start an imaginary class to music (the dance or dances are of the examiner's choice).

Theory (Oral Examination)

Classical Waltz Veleta Fylde Waltz Regis Waltz

Candidates must be prepared to demonstrate and answer questions relating to the technique of the dances listed as Leader and Follower, under the headings set out in the Analysis Charts.

- Positions of Feet, Alignment and/or Direction, Amount of Turn, Footwork and Rise & Fall
- Hold relevant to the Waltz
- Forward & Backward Walks Waltz
- Counting in Rhythm, Beats and Beats & Bars in 3/4, 6/8, 2/4, 4/4 time
- Balance, Poise and deportment
- The five foot positions
- CBM
- CBMP
- Time and Tempo
- Assemblé
- Pas de Valse in all rhythms
- Line of Dance
- Plié
- Pas Glissade
- Pas Glissé
- Acknowledgements
- Balancé

Module 2 – Tango

Duration of examination - 30 minutes

Practical Demonstration

Candidates are required to:

- 1. Dance with a partner to music the **Tango Magenta**. They may demonstrate in the role of their choice i.e. 'Leader' or 'Follower' or demonstrate both roles if desired.
- 2. Give a solo demonstration of the **Tango Magenta** to music, as Leader and/or Follower.
- 3. Start an imaginary class to music (the dance or dances are of the examiner's choice).

Theory (Oral Examination)

Royal Empress Tango Tango Magenta

Candidates must be prepared to demonstrate and answer questions relating to the technique of the dances listed as Leader and Follower, under the headings set out in the Analysis Charts.

- Hold relevant to the Tango
- Forward & Backward Walks Tango
- Counting in Rhythm, Beats and Beats & Bars in 2/4 time
- Promenade and Open Promenade Positions
- Counter and Open Counter Promenade Positions
- Swivels
- Lunge
- Point
- Chassé
- Brush
- Parallel Position
- Contra Check

Module 3 – Gavotte

Duration of examination - 30 minutes

Practical Demonstration

Candidates are required to:

- 1. Dance with a partner to music the **La Mascotte**. They may demonstrate in the role of their choice i.e. 'Leader' or 'Follower' or demonstrate both roles if desired.
- 2. Give a solo demonstration of the **La Mascotte** to music, as Leader and/or Follower.
- 3. Start an imaginary class to music (the dance or dances are of the examiner's choice).

Theory (Oral Examination)

La Mascotte

Candidates must be prepared to demonstrate and answer questions relating to the technique of the dance listed as Leader and Follower, under the headings set out in the Analysis Charts.

Candidates are required to give Figuration and Footwork of three dances of their choice, selected from the following list. The dances must use different rhythms:

- Lilac Waltz
- Waltz Camay
- Midnight Tango
- Wedgewood Blue Gavotte
- · Gainsborough Glide
- Latchford Schottische
- Waverley Two Step
- Liberty Two Step

- Hold relevant to these dances
- Forward & Backward Walks
- Counting in Rhythm, Beats and Bars and Bars in 4/4 time
- Aerial
- Allemande
- Cross Action
- Pas de Gavotte
- Developpé
- Pas Marché
- Fondu
- Tours de Main
- Zephyr
- Pas de Zephyr
- Pas de Mazurka
- Fouetté
- Temps Levé

Module 4 – Saunter

Duration of examination - 30 minutes

Practical Demonstration

Candidates are required to:

- 1. Dance with a partner to music the **Britannia Saunter**. They may demonstrate in the role of their choice i.e. 'Leader' or 'Follower' or demonstrate both roles if desired.
- 2. Give a solo demonstration of the **Britannia Saunter** to music, as Leader and/or Follower.
- 3. Start an imaginary class to music (the dance or dances are of the examiner's choice).

Theory (Oral Examination)

Saunter Revé Britannia Saunter

Candidates must be prepared to demonstrate and answer questions relating to the technique of the dances listed as Leader and Follower, under the headings set out in the Analysis Charts.

- Hold relevant to the Saunter
- Forward & Backward Walks Saunter
- Counting in Rhythm, Beats and Bars and Bars in 4/4 time
- Pivot and Pivoting Action
- Check
- Open Turn
- Sway
- Rocks
- Fallaway
- Twinkle
- Zig Zag

Module 5 – Two Step

Duration of examination - 30 minutes

Practical Demonstration

Candidates are required to:

- 1. Dance with a partner to music the **Premier Two Step**. They may demonstrate in the role of their choice i.e. 'Leader' or 'Follower' or demonstrate both roles if desired.
- 2. Give a solo demonstration of the **Premier Two Step** to music; as Leader and/or Follower.
- 3. Start an imaginary class to music (the dance or dances are of the examiner's choice).

Theory (Oral Examination)

Boston Two Step Premier Two Step Military Two Step

Candidates must be prepared to demonstrate and answer questions relating to the technique of the dances listed as Leader and Follower, under the headings set out in the Analysis Charts.

In addition, candidates must be prepared to explain and demonstrate the following technical terms:

- Hold relevant to the Two Step
- Forward & Backward Walks Two Step
- Counting in Rhythm, Beats and Beats & Bars in 6/8 time
- Pas de Basque in front (in 6/8 time)
- Jeté
- Coupé
- Rondé
- Demi
- Pas Allé
- Gallopade
- Levé

Fellowship Syllabus Content

Five modules. Module one should be passed first.

Candidates for this examination must firstly register for it on a separate form - Professional Dancesport Modular Qualifications Candidate Registration Form. This can be downloaded from http://www.istd.org/examinations/uk-examinations/examination-documents/ and must be returned to the UK Examinations department at least 4 weeks before examination entry, which must also be made in the normal way.

Candidates must have held the Licentiate qualification for a minimum of 3 years.

Module 1 – Waltz

Duration of examination - 45 minutes

Practical Demonstration

Candidates are required to dance with a partner to music the Classical Waltz and one of either the Veleta, Fylde Waltz, Regis Waltz, Waltz Camay or Lilac Waltz as chosen by the examiner. They may demonstrate in the role of their choice i.e. 'Leader' or 'Follower' or demonstrate both roles if desired.

Theory (Oral Examination)

Classical Waltz Veleta Fylde Waltz Regis Waltz Waltz Camay

Candidates must be prepared to demonstrate and answer questions relating to the technique of the dances listed as Gentleman and Lady, under the headings set out in the Analysis Charts. The presentation of the dancing and depth of knowledge for this examination must be of high quality.

Candidates are also required to give the Figuration and Footwork of the Lilac Waltz.

- Positions of Feet, Alignment and/or Direction, Amount of Turn, Footwork and Rise & Fall
- Hold relevant to the Waltz
- Forward & Backward Walks Waltz
- Counting in Rhythm, Beats and Beats & Bars in 3/4, 6/8, 2/4, 4/4 time
- Balance, Poise and deportment
- The five foot positions
- CBM
- CBMP
- Time and Tempo
- Assemblé
- Pas de Valse in all rhythms
- Line of Dance
- Plié
- Pas Glissade
- Pas Glissé
- Acknowledgements
- Balancé
- Cross Action

Module 2 – Tango

Duration of examination - 35 minutes

Practical Demonstration

Candidates are required to dance with a partner to music one of **the Royal Empress Tango**, **Tango**Magenta, Midnight Tango, Tango Solair or Lola Tango as chosen by the examiner. They may demonstrate in the role of their choice i.e. 'Leader' or 'Follower' or demonstrate both roles if desired.

Theory (Oral Examination)

Royal Empress Tango Tango Magenta Midnight Tango Tango Solair

Candidates must be prepared to demonstrate and answer questions relating to the technique of the dances listed as Leader and Follower, under the headings set out in the Analysis Charts. The presentation of the dancing and depth of knowledge for this examination must be of high quality.

Candidates are also required to give the Figuration and Footwork of the Lola Tango.

- Hold relevant to the Tango
- Forward & Backward Walks Tango
- Counting in Rhythm, Beats and Beats & Bars in 2/4 time
- Promenade and Open Promenade Positions
- Counter and Open Counter Promenade Positions
- Swivels
- Lunge
- Point
- Chassé
- Brush
- Allemande
- Parallel Position
- Contra Check

Module 3 – Gavotte and Glide

Duration of examination - 35 minutes

Practical Demonstration

Candidates are required to dance with a partner to music one of the **La Mascotte, Wedgewood Blue Gavotte, Gainsborough Glide or Latchford Schottische** as chosen by the examiner. They may demonstrate in the role of their choice i.e. 'Leader' or 'Follower' or demonstrate both roles if desired.

Theory (Oral Examination)

La Mascotte Wedgewood Blue Gavotte Gainsborough Glide

Candidates must be prepared to demonstrate and answer questions relating to the technique of the dances listed as Leader and Follower, under the headings set out in the Analysis Charts. The presentation of the dancing and depth of knowledge for this examination must be of high quality.

Candidates are also required to give the Figuration and Footwork of the Latchford Schottische

- Hold relevant to these dances
- Forward & Backward Walks
- Counting in Rhythm, Beats and Beats & Bars in 4/4 time
- Aerial
- Pas de Gavotte
- Developpé
- Pas Marché
- Fondu
- Zephyr
- Pas de Zephyr
- Pas de Mazurka
- Fouetté
- Temps Levé

Module 4 – Saunter

Duration of examination - 35 minutes

Practical Demonstration

Candidates are required to dance with a partner to music one of either the **Saunter Revé, Britannia Saunter** as chosen by the examiner. They may demonstrate in the role of their choice i.e. 'Leader' or 'Follower' or demonstrate both roles if desired.

Theory (Oral Examination)

Saunter Revé Britannia Saunter

Candidates must be prepared to demonstrate and answer questions relating to the technique of the dances listed as Leader and Follower, under the headings set out in the Analysis Charts. The presentation of the dancing and depth of knowledge for this examination must be of high quality.

- Hold relevant to the Saunter
- Forward & Backward Walks Saunter
- Counting in Rhythm, Beats and Beats & Bars in 4/4 time
- Pivot and Pivoting Action
- Check
- Open Turn
- Sway
- Rocks
- Fallaway
- Twinkle
- Zig Zag

Module 5 – Two Step

Duration of examination - 35 minutes

Practical Demonstration

Candidates are required to dance with a partner to music one of either **Waverley Two Step, Boston Two Step, Liberty Two Step, Rialto Two Step, Premier Two Step or Military Two Step** as chosen by the examiner. They may demonstrate in the role of their choice i.e. 'Leader' or 'Follower' or demonstrate both roles if desired.

Theory (Oral Examination)

Waverley Two Step Boston Two Step Liberty Two Step Rialto Two Step Premier Two Step Military Two Step

Candidates must be prepared to demonstrate and answer questions relating to the technique of the dances listed as Leader and Follower, under the headings set out in the Analysis Charts. The presentation of the dancing and depth of knowledge for this examination must be of high quality.

- Hold relevant to the Two Step
- Forward & Backward Walks Two Step
- Counting in Rhythm, Beats and Beats & Bars in 6/8 time
- Pas de Basque in front (in 6/8 time)
- Jeté
- Coupé
- Rondé
- Demi
- Pas Allé
- Gallopade
- Levé
- Tours de Main

Method of Assessment / Mark Scheme

For each Module, the examination is divided into sections, which are separately marked, i.e.:

- Demonstration
- Theory
- Timing (in solo demonstration to music)

In order to award each module, the candidate must attain more than or equal to 65 marks in each section, and be successful in the 'Timing in solo demonstration to music' section.

Candidates are unsuccessful in the examination if they achieve less than or equal to 64 marks in any one section.

All 5 modules need to be passed before the full qualification is gained, which will be indicated with a final transcript of all Modules achieved and a certificate. The final mark will be calculated on the average of the Demonstration sections, and the average of all the Theory sections, across all modules. The lower of these two figures will be the overall mark, and the relevant result according to the band below will be awarded for the whole qualification.

Results are indicated using the following bands:

Highly Commended 85-100 Commended 75-84 Pass 65-74 Fail 0-64

Candidates have a maximum of 5 years to complete the qualification.

Summary Tables for ease of reference Associate Syllabus

	Module 1	Module 2 Module 3	Module 4	Module 5	
	Classical Waltz	Fylde Waltz	Royal Empress	Britannia	Boston Two
			Tango	Saunter	Step
Practical Demonstration (with partner)	Classical Waltz	Fylde Waltz	Royal Empress Tango	Britannia Saunter	Boston Two Step
Practical Demonstration (solo)	Classical Waltz	Fylde Waltz	Royal Empress Tango	Britannia Saunter	Boston Two Step
Theory Dances	Classical Waltz	Fylde WaltzVeletaTwo dances from list	Royal Empress Tango	Britannia Saunter	Boston Two Step
Theory Terms	 Positions of Feet, Alignmentand/or Direction, Amount of Turn, Footwork and Rise & Fall Hold relevant to Waltz Forward & Backwards Walk – Waltz Counting in Rhythm, Beats and Beats & Bars in 3 /4, 6/8, 2/4, 4/4 time Balance, Poise& Deportment The Five Foot Positions CBMP Time & Tempo Assemblé Pas de Valse Line of Dance Plié Acknowledgements 	 Counting inRhythm, Beats and Beats & Bars in 3/4 time Pas Glissade Pas Glissé Allemande Balancé Cross Action Aerial Pas de Gavott e Developpé Pas Marché Fondu Tours deMain 	 Hold relevant to Tango Forward & Backwards Walk – Tango Counting in Rhythm, Beats and Beats & Barsin 2 / 4 time Promenade & Open Promenade Positions Counter & Open Counter Promenade Positions Swivels Lunge Point Chassé Brush Parallel Position 	 Hold relevant to Saunter Forward & Backwards Walk - Saunter Counting in Rhythm, Beats and Beats & Bars in 4/4 time Pivot and pivoting action Check Open Turn 	Hold relevant toTwo Step Forward & Backwards Walk – Two Step Counting in Rhythm, Beats and Beats & Bars in 6/8 time Pas de Basque infront (6/8time) Jeté Coupé Rondé Demi Pas Allé Gallopade Levé

Licentiate Syllabus

	Module 1	Module 2	Module 3	Module 3 Module 4	Module 5
	Waltz	Tango	Gavotte	Saunter	Two Step
Practical Demonstration (with partner)	Classical WaltzRegis Waltz	Tango Magenta	La Mascotte	Britannia Saunter	Premier Two Step
Practical Demonstration (solo)	Classical WaltzRegis Waltz	Tango Magenta	La Mascotte	Britannia Saunter	Premier Two Step
Theory Dances	Classical WaltzVeletaFylde WaltzRegis Waltz	Royal Empress TangoTango Magenta	La MascotteThree dances from list	Saunter RevéBritannia Saunter	 Boston Two Step Premier Two Step Military Two Step
Theory Terms	 Positions of Feet, Alignmentand/or Direction, Amount of Turn, Footworkand Rise & Fall Hold relevant to Waltz Forward & Backwards Walk – Waltz Counting in Rhythm, Beats and Beats & Bars in 3 /4, 6/8, 2/4, 4/4 time Balance, Poise& Deportment The Five Foot Positions CBMP Time & Tempo Assemblé Pas de Valse Line of Dance Plié Pas Glissade Pas Glissé Acknowledgements Balancé 	 Hold relevant to Tango Forward & Backwards Walk – Tango Counting in Rhythm, Beats and Beats & Bars in 2/4 time Promenade & Open Promenade Positions Counter & Open Counter Promenade Positions Swivels Lunge Point Chassé Brush Parallel Position Contra Check 	 Hold relevant to this dance Forward & Backwards Walk Counting in Rhythm, Beats and Beats & Bars in 3 / 4 time Aerial Allemande Cross Action Pas de Gavott e Developpé Pas Marché Fondu Tours de Main Zephyr Pas de Zephy r Pas de Mazurk a Fouetté Temps Levé 	 Hold relevant to Saunter Forward & Backwards Walk - Saunter Counting in Rhythm, Beats and Beats & Bars in 4/4 time Pivot and pivoting action Check Open Turn Sway Rocks Fallaway Twinkle Zig Zag 	 Hold relevant to Two Step Forward & Backwards Walk – Two Step Counting in Rhythm, Beats and Beats & Bars in 6/8 time Pas de Basque in front (6/8 time) Jeté Coupé Rondé Demi Pas Allé Gallopade Levé

Fellowship Syllabus

	Module 1	Module 2	Module 3	Module 4	Module 5
	Waltz	Tango	Gavotte & Glide	Saunter	Two Step
Practical Demonstration (with partner) Classical Waltz plus one of either	 Classical Waltz Veleta Fylde Waltz Regis Waltz Waltz Camay Lilac Waltz 	 Royal Empress Tango Tango Magenta Midnight Tango Tango Solair Lola Tango 	 La Mascotte Wedgewoo d Blue Gavotte Gainsborou gh Glide Latchford Schottische 	 Saunter Revé Britannia Saunter 	 Waverley Two Step Boston Two Step Liberty Two Step Rialto Two Step Premier Two Step Military Two Step
Theory Dances	 Classical Waltz Veleta Fylde Waltz Regis Waltz Waltz Camay Lilac Waltz 	 Royal Empress Tango Tango Magenta Midnight Tango Tango Solair Lola Tango 	 La Mascotte Wedgewoo d Blue Gavotte Gainsborou gh Glide Latchford Schottische 	 Saunter Revé Britannia Saunter 	 Waverley Two Step Boston Two Step Liberty Two Step Rialto Two Step Premier Two Step Military Two Step
Theory Terms	 Positions of Feet, Alignment and/or Direction, Amount of Turn, Footworkand Rise & Fall Hold relevant to Waltz Forward & Backwards Walk – Waltz Counting in Rhythm, Beats and Beats & Bars in 3 /4, 6/8, 2/4, 4/4 time Balance, Poise & Deportment The Five Foot Positions 	 Hold relevant to Tango Forward & Backwards Walk – Tango Counting in Rhythm, Beats and Beats & Bars in 2/4 time Promenade & Open Promenade Positions Counter & Open Counter Promenade Positions Swivels Lunge Point Chassé 	 Hold relevant to this dance Forward & Backwards Walk Counting in Rhythm, Beats and Beats & Bars in 4 / 4 time Aerial Pas de Gavotte Developpé Pas Marché Fondu Zephyr Pas de Zephyr Pas de 	 Hold relevant to Saunter Forward & Backwards Walk - Saunter Counting in Rhythm, Beats and Beats & Bars in 4/4 time Pivot and pivoting action Check Open Turn Sway Rocks Fallaway Twinkle 	Hold relevant to Two Step Forward & Backwards Walk – Two Step Counting in Rhythm, Beats and Beats & Bars in 6/8 time Pas de Basque in front (6/8 time) Jeté Coupé Rondé Demi Pas Allé

 CBM CBMP Time & Tempo Assemblé Pas de Valse Line of Dance Plié Pas Glissade Pas Glissé Acknowledgements Balancé Cross Action 	 Brush Allemande Parallel Position Contra Check 	Mazurka • Fouetté • Temps Levé	• Zig Zag	 Gallopade Levé Tours de Main
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